



Hinsdale Central

Physical Education Department

Proper Physical Education Attire

Students will be required to change from school attire to proper physical education attire for daily physical education classes. **Proper Physical Education Attire** consists of rubber soled, laced, athletic shoes, athletic shorts free from zippers, buttons or snaps and a non-collared T-shirt. Sweatpants and sweatshirts are acceptable. All apparel must conform to the "School Dress Code" which is included in the Student Handbook.